Primary Care





Your health deserves quality healthcare as and when you need it.

Dis-Chem Nurse & Video-Dr Consult

Need medical advice but have a tight budget?



- **1.** Quality healthcare without the wait: visit your nearest Dis-Chem pharmacy clinic and receive a consultation with one of their professional nurses, who may perform bedside tests to assist with diagnosis.
- 2. When a GP's advice is required, the nurse will do a video call so that you can consult with a doctor. If necessary, a script and medication will be supplied.
- **3.** A sick note and / or referral letter, if required, also form part of this service.
- **4.** Select medication is included in the cost of the service, but additional medication will require a co-payment.
- 5. If a GP is not required you will receive a R125 refund.



Quality healthcare



On-demand services



Pay as you need



No monthly commitment

FAQ's

What does the Dis-Chem nurse & Virtual-Dr with Meds include?

A consultation with a registered nurse at a Dis-Chem clinic, including some bedside tests A virtual doctor consultation (if needed) Medication from the Dis-Chem dispensary A script, sick note and/or referral letter (as and if required)

What does this service not include?

The costs of any medication that do not form part of the basic medication list. You also do not receive an in-person consultation with a GP.

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How do I redeem this service?

Make an appointment at your nearest Dis-Chem clinic.

At the start of your consultation provide the Nurse with your voucher number that you received via SMS. The Nurse will validate your voucher code on the Dis-Chem system, and proceed with your consultation.

Do I have to make an appointment to see the Dis-Chem Nurse?

Yes, you do. Please find your nearest Dis-Chem clinic on our website www.healthmarketplace.co.za. Call the clinic and book the time slot that best suits you.

What if the support of a Virtual Doctor is not required?

If the Nurse solves your health issue and you do not need to consult the Virtual Doctor, the account of whomever purchased the service will be credited with R125.

What bedside tests does the Nurse conduct (if necessary)?

- Blood-pressure
- BMI
- Respiratory rate
- Blood oxygen saturation
- Pulse
- Temperature
- Urine dip-stick tests
- Glucose test

What kind of ailments does our basic medicine cover?

- Colds and flu
- Sexually transmitted infections
- Urinary tract infections
- Allergies
- Pains, sprains and headaches
- Eye infections
- Minor burns and wounds
- Minor gastrointestinal conditions

Can I give my consultation to someone else to use?

Yes, you may gift this service to another individual to redeem. If this service is provided as part of an employment benefit, please refer to your company's policy for more information.

Will I need to pay anything extra out of my own pocket?

Additional medication ay be prescribed that is not included in the cost of the service. Please ask your pharmacist for more information after your consultation.